

Permission to Return to School/Child Care

Dear provider:

Please assess children with illness symptoms or COVID-19 exposure using the VDH Algorithm for Evaluating a Child with COVID-19 Symptoms or Exposure (<https://www.vdh.virginia.gov/content/uploads/sites/182/2020/08/Evaluating-Symptoms-in-a-Child.pdf>). Testing for SARS-CoV-2 is strongly recommended for all children who present any symptom of COVID-19 unless their history and clinical presentation is entirely consistent with a condition the child is known to have (e.g., allergies, asthma, migraine). Because children may have co-infections with SARS-CoV-2 and other pathogens, testing is encouraged even if another etiology is identified.

Patient Name: _____ Date of Visit: _____
Date of Most Recent Exposure (if applicable): _____ Date of Test (if applicable): _____
Date of First Symptoms (if applicable): _____

Check all that apply:

I have assessed the child consistent with the VDH COVID-19 algorithm and provided recommendations consistent with the **Return to School guidance** (located in the blue box on the reverse side of this document)

No communicable disease has been identified, including COVID-19, based on:

Laboratory test results

An alternate, non-communicable diagnosis

The earliest date this patient may return to school is _____. This statement is valid based on current relevant information but may change based on new symptoms, exposures, or results. The patient's family has been instructed to notify the office for any changes.

Signature: _____ MD/DO/NP/PA/RN/LPN Phone #: _____

Name: _____

References/Resources:

- For the current list of symptoms: www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html
- VDH Algorithm for assessing children: www.vdh.virginia.gov/content/uploads/sites/182/2020/08/Evaluating-Symptoms-in-a-Child.pdf
- Return to School Guidance form: <http://bit.ly/FairfaxCOVIDChildForm>



SICK STUDENT FORM

Student Name: _____

Date: _____

Student symptoms:

- Fever/chills/fever/chills Cough/cough Shortness of breath/shortness of breath New loss of taste/smell/new loss of taste/smell
- Temp/temperature: _____
- Sore throat/sore throat Fatigue/fatigue Muscle aches/muscle aches Runny nose/congestion/runny nose/congestion
- Stomachache/stomachache Diarrhea/diarrhea Nausea/vomiting/nausea/vomiting Headaches/headaches
- Other/other: _____

Due to COVID-19 in the community, evaluation by a healthcare provider is recommended for all sick children. Please take this form to your healthcare provider.

Comments/comments: _____

Follow the **Return to School Guidance** below if your child stayed home or was sent home with any of the above symptoms:

If NO close contact with COVID-19 case:

- **Positive COVID-19 test** – Isolate by staying home until **10 days** from onset of symptoms, no fever for **48** hours without fever-reducing medication AND symptoms are improving; or **10 days** from day of positive test if never had symptoms.
- **Negative COVID-19 Test** – Stay home until no fever for **48** hours without fever-reducing medication AND symptoms are improving.
- **No testing done and no alternate diagnosis** – Isolate by staying home until **10 days** onset of symptoms, no fever for **48** hours without fever-reducing medication AND symptoms have improved.
- **Alternate diagnosis by a healthcare provider that explains symptoms** – Stay home until no fever for **48** hours without fever-reducing medication AND symptoms are improving or longer as per provider's instructions.

If close contact with a COVID-19 case:

- **Positive COVID-19 test** – Isolate by staying home until **10 days** from onset of symptoms, no fever for **48** hours without fever-reducing medication AND symptoms are improving; or **10 days** from day of positive test if never had symptoms.
- **Negative COVID-19 test or no testing done** – Quarantine by staying home until **14 days** from the date of last exposure, no fever for **48** hours without fever-reducing medication AND symptoms have improved.

www.fairfaxcounty.gov/health/novel-coronavirus

703-267-3511, TTY 711

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